



# State of Louisiana

Department of Health and Hospitals

## MEMO

TO: LA-ATR II Providers

FROM: LA-ATR Staff

DATE: April 7, 2009

SUBJECT: **Revisions and Updates to LA-ATR II Provider Manual**

Please note the following additions, revisions, and updates to the current, approved **LA-ATR II Provider Manual** (dated February 17, 2009). These changes are effective 04/01/2009.

### ◆ Section 4.2 Clinical Assessment

*Page 31, Paragraph 1 should read as follows:*

- Incarcerated individuals may be provided a comprehensive assessment only if they are within **30** days of their scheduled release **and scheduled to be released to an ATR-II Target Area**. This is the only instance in which an assessment can be conducted outside of a LA-ATR II approved facility. Otherwise, incarcerated individuals are not eligible for ATR-II **until released**.

### ◆ Section 1.3. J Family Education

*Page 19, Paragraph 1 should read as follows:*

- Family Education sessions are held in a group setting and include the family members from multiple clients. The client may or may not be present during these sessions. **Family Education sessions differ from family therapy sessions (see Section 4.3.B on page 34). Family Education sessions do not focus on the specific issues of any particular client, but rather provide general information about the nature of a substance use disorder, its effects on the family, the nature of relapse/recovery, and family dynamics.** Approved providers must meet the following requirements: . . .

◆ **Section 4.3. B Treatment Continuum of Care**

*Page 34, Paragraph 5 should read as follows:*

- Four individual therapy sessions and four family therapy sessions will be allowed during an intensive outpatient treatment episode and also during an outpatient treatment episode.
  - An individual therapy session is a one-on-one session with the clinician and the client. Individual sessions must be a minimum of 45 minutes.
  - A family therapy session is a session with the clinician, a client, and ~~his/her family~~ **at least one member of the client's family. Family therapy sessions differ from Family Education sessions (see Section 1.3.J on page 19). Family therapy sessions focus on a particular client and his/her family relationships, with the purpose of using the family's strengths to find ways for the client to live without substances and to minimize the impact of chemical dependency on both the client and the family. Family therapy sessions must be a minimum of 45 minutes.**

◆ **Appendix H: ATR-II Matrix of Recovery Support Services**

*See attached revised Matrix with Business Rules/Policies*

RECOVERY SUPPORT SERVICES				
Alcohol and Drug Free Social Activities	Per Session	4 Adult Inpt 8 Adol Inpt 6 IOP 12 OP	\$10	Maximum of 25 per session *Last a minimum of 45 minutes per session
Anger Management	Per Session	20	\$20	*Last a minimum of 45 minutes per session
Care Coordination	Per 15 min	Varies	\$10 per 15min	
Childcare	Per day/child	20	\$30	
Family Education	Per Session	20	\$20	*Last a minimum of 45 minutes per session
Halfway House	Per Day	60	\$30	
Job Readiness	Per Session	12 IOP 20 OP	\$20	Maximum of 25 per session *Last a minimum of 45 minutes per session
Life Skills	Per Session	4 Adult Inpt 16 Adol Inpt 15 IOP 20 OP	\$20	Maximum of 25 per session *Last a minimum of 45 minutes per session
Pastoral Counseling (See Attached Definition)	Per Session	4 Adult Inpt 4 Adol Inpt 4 IOP 4 OP	\$25	Individual Session with Pastor/Licensed Minister *Last a minimum of 45 minutes per session
Recreational Therapy	Per Session	20	\$20	*Last a minimum of 45 minutes per session
Spiritual Support (See Attached Definition)	Per Session	4 Adult Inpt 8 Adol Inpt 20 IOP 20 OP	\$20	Maximum of 15 per session *Last a minimum of 45 minutes per session
Transitional Housing	Per Day	60	\$25	
Transportation	Per Rnd Trip	30	\$30	

**Note:** Maximum of **\$3,000** for Recovery Support Services per 6-month voucher

## Business Rules/Policies:

- Only transportation, housing and child care may be assigned as recovery support services upon completion of the initial interview. All other recovery support services can only be assigned after the completion of the comprehensive treatment plan utilizing the ATR treatment planning format.
- All recovery support services assigned must be appropriate for the client's current level of care and stage of recovery.
- The selection of recovery support services must include a ***clinical justification*** for the assigned recovery support services utilizing the ATR RSS clinical justification format.
- **Intensive Outpatient Level of Care:**
  - **Maximum of 12 sessions** of the following recovery support services may be billed **per week** while the client is in Intensive Outpatient Level of Care: Alcohol & Drug Free Social Activities, Spiritual Support, Pastoral Counseling, Job Readiness, Life Skills, Family Education, Anger Management, and/or Recreational Therapy.
  - **Maximum of 4 sessions** of the following recovery support services may be billed **per day** while the client is in Intensive Outpatient Level of Care: Alcohol & Drug Free Social Activities, Spiritual Support, Pastoral Counseling, Job Readiness, Life Skills, Family Education, Anger Management, and/or Recreational Therapy.
- **Outpatient Level of Care**
  - **Maximum of 20 sessions** of the following recovery support services may be billed **per week** while the client is in Outpatient Level of Care: Alcohol & Drug Free Social Activities, Spiritual Support, Pastoral Counseling, Job Readiness, Life Skills, Family Education, Anger Management, and/or Recreational Therapy.
  - **Maximum of 5 sessions** of the following recovery support services may be billed **per day** while the client is in Intensive Outpatient Level of Care: Alcohol & Drug Free Social Activities, Spiritual Support, Pastoral Counseling, Job Readiness, Life Skills, Family Education, Anger Management, and/or Recreational Therapy.
- **Two (2) individual sessions prior to engaging client in treatment are not mandatory. This decision is to be based upon assessor's clinical determination following the initial assessment.**
  - Prior to the client completing a level of care (IOP or OP), the client is to be provided with either two individual sessions OR one individual session and one family session.
  - Neither treatment nor recovery support services (with the exception of housing, childcare and/or transportation) should occur on the same day as the initial assessment.

- The following recovery support services should not be provided to the client prior to the client receiving clinical treatment services: Alcohol & Drug Free Social Activities, Spiritual Support, Job Readiness, Life Skills, Family Education, Anger Management, and/or Recreational Therapy.
- Pastoral Counseling – Individual sessions with the client. The client's family may be involved in a Pastoral Counseling session. Pastoral counseling incorporates faith in the substance abuse recovery process. This may include, but is not limited to, assisting clients and their family members in various crises as a result of substance abuse. Pastoral guidance is intended to assist individuals and/or their family members in the processing and resolution of circumstances, attitudes, and/or beliefs that result from substance abuse. Pastoral counseling is delivered by a duly ordained minister or their equivalent such as a rabbi or imam.
- Spiritual Support – Group session that is not to exceed 15 clients per group. Spiritual Support shall be provided by a trained or certified faith leader or their equivalent, such as a pastor, minister or rabbi. Designed to assist the client in developing their spirituality as an integral part of their recovery and may cover practices and principles such as establishing a relationship with a higher power, identifying a sense of purpose and mission in one's life, achieving serenity and peace of mind, balancing one's body, mind and spirit, utilizing spiritual practices such as prayer, meditation, etc. These groups are based on universal spiritual practices and principles and are not based on specific religious convictions and beliefs. Examples of acceptable models for Spiritual Supports include: Celebrate Recovery, Over Comers Anonymous, and the Christ-Centered Approach to the 12 Steps.